



# TIPS FOR SURVIVING A BLADE ATTACK

01

## PROTECT YOURSELF

It's better not to hit than to be hit.

02

## DISTANCE

Who controls the distance, controls the combat.

03

## SPECIFICITY

Do not confuse knife combat with striking or grappling.

04

## DON'T GRAB!

Do not attempt to grab the knife.

05

## BE SIMPLE

If it's difficult, it's wrong.

<http://abaintl.us>

